



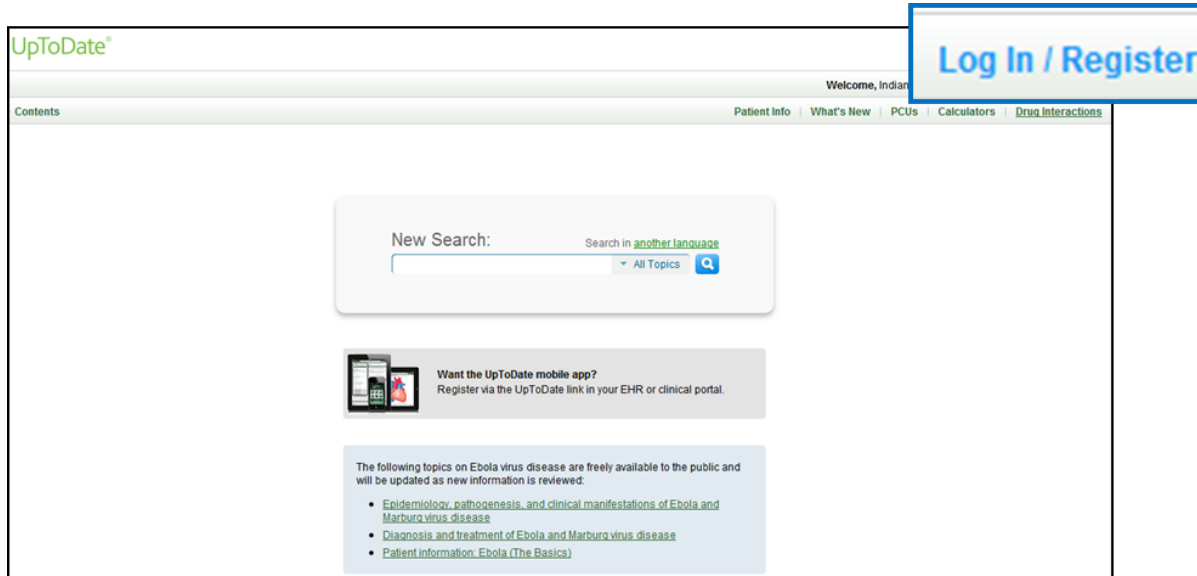
Up to Date CME

Registering via Athens

Up to Date CME

Things to Know

- You must have a personal account to take advantage of the Up to Date CME.
- You must log into your personal account from a company computer at least once every three months.
- A Personal account can be obtained by clicking on the “Login/Register” in the upper right hand corner of the Up to Date screen.
- You can register within The Athens system, the EMR or on any IU Health computer.
- The process illustrated in this presentation is essentially the same across all systems.



UpToDate[®]

Welcome, Indiana

Contents Patient Info | What's New | PCUs | Calculators | Drug Interactions

New Search: Search in [another language](#)

All Topics

Want the UpToDate mobile app?
Register via the UpToDate link in your EHR or clinical portal.

The following topics on Ebola virus disease are freely available to the public and will be updated as new information is reviewed.

- [Epidemiology, pathogenesis, and clinical manifestations of Ebola and Marburg virus disease](#)
- [Diagnosis and treatment of Ebola and Marburg virus disease](#)
- [Patient information: Ebola \(The Basics\)](#)

Important!!!!

- If you decide to use different systems AND you want to participate in the CME provided by Up to Date.... **PLEASE** use the same e-mail address for all systems.
- Failure to use the same e-mail address
 - **will result in 2 CME accounts.**

Using Up to Date CME Off Campus

- This tutorial assumes you have registered for the Library's Athens System. For information on Athens go to: <http://www.iuhealthlib.org/pp/athenssignup.pdf>.
- First sign into Athens.
- To Log into Athens you can find a link on the Library page or Bookmark the address below:
 - <https://auth.athensams.net/my/>

The screenshot displays the IU Health Medical Library website interface. At the top, navigation links for 'Athens Registration', 'Athens Login', and 'Athens Help' are highlighted with a yellow border. Below this, the main navigation bar includes 'Request an Article or Book' and 'Request a Topic Search' buttons. The page is organized into several columns of links and search options:

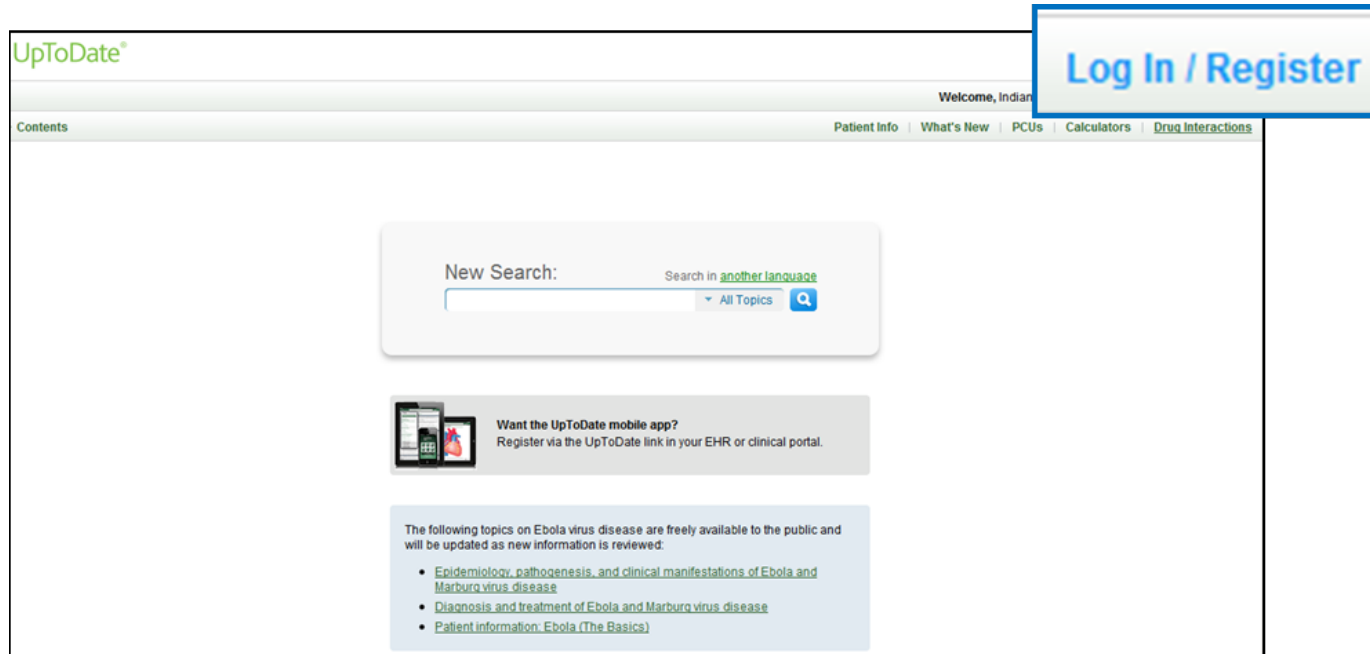
- A-Z Online Journal List**
- A-Z Online Book List**
- PubMed/Medline with Full-text Links**
- Library Services and Information** (includes Library Catalog, Library Hours, Library Staff Information, IU Health Hospital List, IU Health Library Map, Methodist)
- Library Topic Pages** (includes ACOG Continuing Education List, Animal Research Guidelines, CDC Wonder Statistics, CME/CE on the Web, Health Literacy Communications, Health Statistics, Library Tutorials and FAQs, Mobile Applications List, Patient Safety Resources)
- IUPUI/Ball University Links** (includes Select a Link)
- Conference Room Scheduling** (includes Rooms Scheduled by the Library, Conference Room Reservation Form)
- Nursing Skills Review (ID/PW required)**
- Frequently Used Databases** (includes Select a Database, ABOUT OFF CAMPUS ACCESS, ADA Nutrition Care Manual: Adult, ADA Nutrition Care Manual: Pediatric, ADA Nutrition Care Manual: Sports Nutrition, Advisory Board, ClinicalKey, Cochran Library (The), Dynamed, EBSCOhost, EBSCO: CINAH Plus, EBSCO e-Books, EBSCO Health Business with Full-text, EBSCO Medline with Full-text, EBSCO: Psychology and Behavioral Health, Inspire: Indiana's Virtual Library, Lab Tests and Diagnostic Procedures, National Guidelines Clearinghouse, Natural Standard, Neil Davis Medical Abbreviations, Organizational IU Health Abbreviations, Neonatal Resuscitation Textbook, Ovid, Pediatric Care Online, PubMed, Red Book: 2012 Committee on Infectious Diseases, StatRef, Up to Date, Up to Date (About CME))
- Drug Information** (includes Select a Medication Resource, European Medicines Agency, ISMP Medication Safety Alert, LacMed, Lexicomp, Lexicomp Pediatric and Neonatal Drugs, Lexicomp Pregnancy and Lactation, In Depth, Lexicomp HUSM, Lexicomp | Adult Patient Drug Information, Lexicomp | Pediatric Patient Drug Information, Micromedex, Micromedex Patient Drug Information, Neofax, Orange Book: FDA)
- Mosby's Nursing Skills** (includes Select Your Location)
- Nursing Resources** (includes *Nursing Reference Center: Bloom/Paoi, Ball/Black ONLY, *Rehabilitation Reference Center: Ball and Blackford Only, EBSCO: CINAH Plus, EBSCO: Nursing Reference Center, EBSCO Rehabilitation Reference Center*, Essential Nursing Resources (ICRN), Joanna Briggs@Ovid, Mosby's e-Learning, Mosby's Nursing Consult, Mosby's Nursing Index, Nursing@Ovid)
- Site Specific Links** (includes Select a Location)
- Picture/Image Sources** (includes Select Image Source)

Log Into Athens

- Remember your ID **always starts with “iuh”**
- The Athens ID is usually:
 - iuh + First Initial + Last Name + 001
 - Click on, “Up to Date”

The image shows two screenshots of the MyAthens website. The top screenshot is the login page, featuring the MyAthens logo, navigation buttons for 'Home' and 'Help', and a 'Login to MyAthens' form. The form includes fields for 'Username' (containing 'iuhbennett002') and 'Password' (masked with dots), a 'Login >' button, and links for 'Alternative login', 'Login help', and 'Forgotten password?'. The bottom screenshot shows the 'All Resources' page, with the MyAthens logo and navigation buttons for 'Home', 'Resources', 'My Account', and 'Help'. Below the navigation is a list of resources including 'American Academy of Pediatrics Journals', 'BMJ Journals', 'Clinical Evidence', 'Disaster Medicine', 'EBSCO A to Z service', 'EBSCOhost databases', 'JAMA Network Journals', 'Journal of Clinical Oncology', 'Lexi-Comp ONLINE v1', 'LinkSource', 'MD Consult', 'MICROMEDEX(R) Healthcare Series', 'Mosby's Nursing Consult', 'New England Journal of Medicine', 'Ovid Online', 'Oxford Journals', 'SAGE Journals', and 'ScienceDirect'. A large 'UpToDate' logo is visible at the bottom of the resources list.

Click on Log In/Register



The screenshot shows the UpToDate website interface. At the top left is the UpToDate logo. On the right, there is a navigation menu with links for "Patient Info", "What's New", "PCUs", "Calculators", and "Drug Interactions". A "Welcome, Indiana" message is visible. A blue box highlights the "Log In / Register" link in the top right corner. Below the navigation is a search bar with the text "New Search:" and a dropdown menu set to "All Topics". Below the search bar is a promotional banner for the UpToDate mobile app, which includes an image of a smartphone and a tablet. At the bottom, there is a section titled "The following topics on Ebola virus disease are freely available to the public and will be updated as new information is reviewed:" followed by a list of three links: "Epidemiology, pathogenesis, and clinical manifestations of Ebola and Marburg virus disease", "Diagnosis and treatment of Ebola and Marburg virus disease", and "Patient Information: Ebola (The Basics)".

Create a Personal Account

- The first time you open Up to Date from Athens, a registration page will open.
- Fill out the Registration form.

Register for important benefits

Register today for an UpToDate mobile app for your iOS, Android or Windows 8 device, remote access from your home or office computer, the Current Updates newsletter and free CME credit accrual when researching a clinical question onsite or remotely.

Log in (Returning User)

Log in with your UpToDate user name and password.

User Name:

Password:

Remember my user name

[Log in](#)

[Log in help](#)

[Athens Log in](#)

Register (New User) [Learn More](#)

All fields are required for registration

Select your user name and password

First Name

Last Name

Email Address

Verify Email Address

ZIP/Postal Code

Specialty

Practice Type

User Name

Password

Verify Password

[Submit Registration](#)

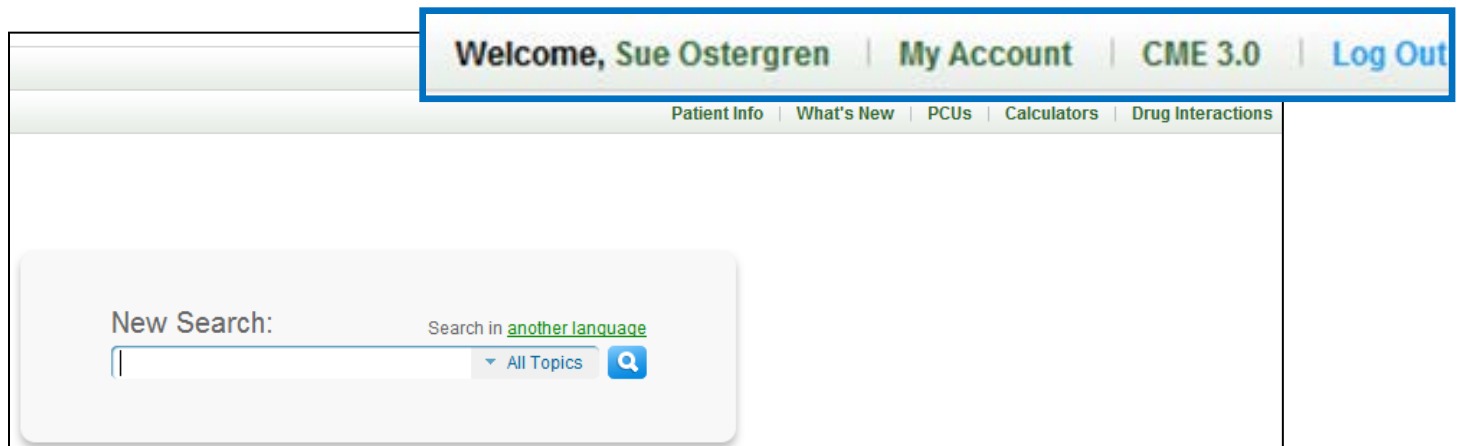
[Skip this for now](#)

Your Personal Account

- You will be able to create your own ID and Password.
- If you decide to use multiple systems for Up to Date CME **PLEASE** use the same e-mail address.
- Make note of this ID/PW. The Library cannot reset it!
- This is the same password you can use to download the Up to Date mobile application.

Your Personal Account

- Your information will appear in the upper right hand corner once you have successfully logged in.
- To set your preferred CME click on the CME link.




CME Default Settings

- Select the type of CME.

[Languages](#) | [Help](#)

Welcome, Sue Ostergren | [My Account](#) | [CME 3.0](#) | [Log Out](#)

[All Topics](#)  [Contents](#) [Patient Info](#) | [What's New](#) | [PCUs](#) | [Calculators](#) | [Drug Interactions](#)

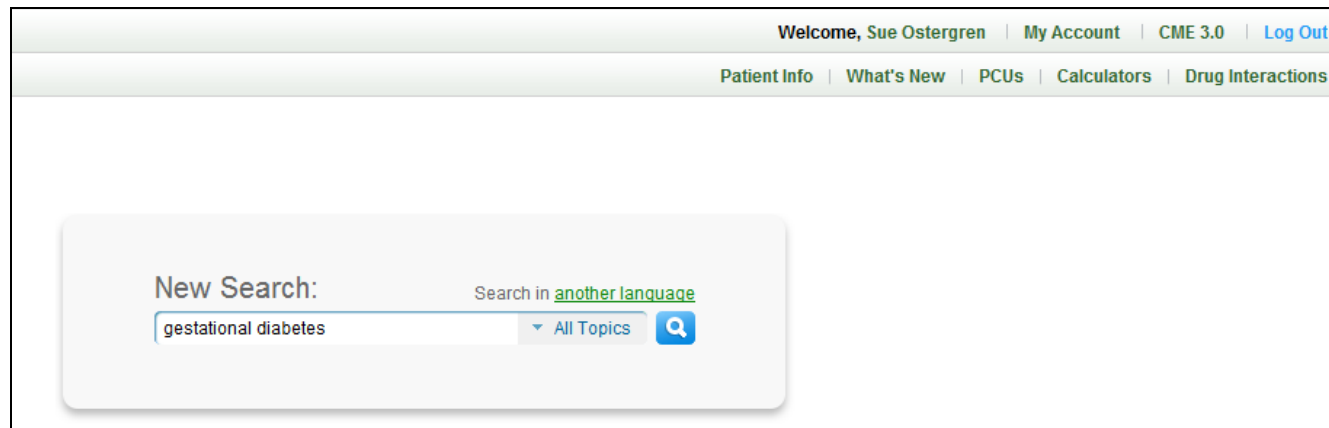
My Settings [Print](#)

Sue Ostergren, please confirm your default setting:

- AMA PRA Category 1 Credit™*
(AAFP Prescribed credit, AAP credit, ACEP credit, ACOG cognate credit, AOA Category 2-B credit, DFP-Austria, RCPSC, CPD-Ireland, SMC, HPCSA)
- CFPC Mainpro®-M1 Credit
- AANP Nurse Practitioner Contact Hours
- Physician Assistants and other non-MD/DO clinicians
- Time-based tracking (ACEM, RACGP, RACP, RANZCOG, RNZCGP)
- Colegio de Medicina Interna de México. A.C. (CMIM)
- Federación Mexicana de Colegios de Obstetricia y Ginecología, A.C. (FEMECOG) and Colegio Mexicano de Especialistas en Ginecología y Obstetricia, A.C. (COMEGO)
- Dubai Health Authority
- Oman Medical Specialty Board (OMSB)

Start Using The CME Feature

- Notice, on this slide I currently have 3 CME's
- You accrue CME as you open topics for a specific search such as "gestational diabetes".



The screenshot shows a web interface with a search bar. At the top right, there are links: "Welcome, Sue Ostergren", "My Account", "CME 3.0", and "Log Out". Below these are links: "Patient Info", "What's New", "PCUs", "Calculators", and "Drug Interactions". The main search area is titled "New Search:" and contains a search bar with the text "gestational diabetes". To the right of the search bar is a dropdown menu labeled "All Topics" and a search button with a magnifying glass icon. Above the search bar, there is a link "Search in another language".

Open the Topic for CME

- Notice I have executed my search for “Gestational Diabetes” but my CME is still 3.0
- I must open a topic to gain CME, such as, “Pregnancy Management”.

Welcome, Sue Ostergren | My Account | **CME 3.0** | Log Out

gestational diabetes All Topics Contents Patient Info | What's New | PCUs | Calculators | Drug Interactions

Search Results for "gestational diabetes" Collapse Results Hide Topic Outline

gestational diabetes means *gestational diabetes mellitus*. Click alternative term: [gestational diabetes insipidus](#)

- All Topics
 - Gestational diabetes mellitus: Glycemic control and maternal prognosis
 - Pharmacologic therapy
 - Glucose monitoring
 - Summary and recommendations
 - ADA criteria for diagnosis diabetes (Tables)
 - Gestational diabetes mellitus: Obstetrical issues and management
 - Pregnancy management**
 - Consequences of GDM
 - Summary and recommendations
- Adult
- Pediatric
- Patient
- Graphics

Topic Outline Show Graphics (3)

- SUMMARY AND RECOMMENDATIONS
- INTRODUCTION
- CONSEQUENCES OF GDM
 - Short-term
 - Long-term
- PREGNANCY MANAGEMENT
 - Glucose monitoring and control
 - Antenatal fetal testing
 - Assessment of fetal growth

Open the Topic for CME

- Once the topic is opened, CME is added.
- To process the CME click on the CME Link.

The screenshot displays the UpToDate website interface. At the top, the UpToDate logo is on the left, and navigation links for 'Languages' and 'Help' are on the right. A blue-bordered navigation bar contains the text 'Welcome, Sue Ostergren | My Account | CME 3.5 | Log Out'. The 'CME 3.5' link is circled in orange. Below this bar, a search bar contains 'gestational diabetes' and a search icon. A secondary navigation bar includes links for 'Contents', 'Patient Info', 'What's New', 'PQs', 'Calculators', and 'Drug Interactions'. The main content area is titled 'Gestational diabetes mellitus: Obstetrical issues and management' and includes a search box with 'gestational diabetes', 'Find', 'Patient', 'Print', and 'Email' buttons. On the left, a 'Topic Outline' sidebar lists 'SUMMARY & RECOMMENDATIONS' (highlighted in green), 'INTRODUCTION', and 'CONSEQUENCES OF GDM' (with sub-items 'Short-term' and 'Long-term'). The main content area lists the author 'Aaron B Caughey, MD, PhD', section editor 'Michael F Greene, MD', and deputy editor 'Vanessa A Barss, MD, FACOG'. A disclosure box at the bottom states: 'Disclosures: Aaron B Caughey, MD, PhD Equity Ownership/Stock Options: Ariosa [prenatal diagnosis]; Cellscap [prenatal diagnosis]; Mindchild [fetal monitoring]; Michael F Greene, MD Nothing to disclose. Vanessa A Barss, MD, FACOG Employee of UpToDate, Inc. Equity Ownership/Stock Options: Merck; Pfizer Abbvie'.

Claiming CME

- Follow the directions for processing the CME.
- Processing can be done at the end of each session or on a monthly basis.
- Select the month you wish to submit for CME.

Welcome, Sue Ostergren | My Account | CME 3.5 | Log Out

Process CME Credit for Sue Ostergren

- Select a month to submit below.
- You will see a log of activity for that month. Please verify how you used the information in practice. [Why do I need to complete the Three-Step Learning Cycle?](#)
- Once you verify your log, credits will be displayed as completed and ready for submission.
- Credits or contact hours may be redeemed for up to two years from the time they were accrued. **Credits not redeemed within two years will expire.** [CME/CE/CPD FAQs.](#)

AMA PRA Category 1 Credit™
(AAFP Prescribed credit, AAP credit, AAPA equivalent credit, ACEP credit, ACOG cognate credit, AOA Category 2-B credit, DFP-Austria, RCPSC, CPD-Ireland, SMC, HPCSA)

Month	Potential Credits	Completed Credits	Submit
2014	0.500	0.000	<input type="checkbox"/>
2014	1.000	0.000	<input type="checkbox"/>
2013	0.500	0.000	<input type="checkbox"/>
2012	1.500	0.000	<input type="checkbox"/>
Credits Selected:	3.500	0.000	0

the number of credits you would like to receive :

Physician should claim only those credits he/she actually spent on educational activity.

ificate will show:
AMA PRA Category 1 Credit™
(AAFP Prescribed credit, AAP credit, AAPA equivalent credit, ACEP credit, ACOG cognate credit, AOA Category 2-B credit, DFP-Austria, RCPSC, CPD-Ireland, SMC, HPCSA)

Change credit setting

Submit checked credits for processing:

Unclaimed CME

- Topics are green if you have not submitted them for CME
- Unclaimed CME is eligible for credit up to two years
- Indicate your selections by selecting the boxes. Hold the control key down for multiple selections in the same category.
- Once you have selected the categories the green background will turn to white indicating you have claimed that topic for CME.
- Click on SAVE.

The screenshot shows a web interface for CME/CPD Reflection. The main content area is titled "Available Credits" and contains a table with columns for Date, Source, Search terms/Clinical question, and Topic(s) Reviewed. A modal dialog box is overlaid on the table, containing two sections: "searched for information about (Check one):" and "How did you apply the information to your practice? (Check one):". The "SAVE" button in the dialog is circled in orange.

Date	Source	Search terms/Clinical question	Topic(s) Reviewed
Nov 17 2014 06:24:40PM GMT	WEB (Indiana University Health)	gestational diabetes	06:30:39PM GMT Gestational diabetes management

searched for information about (Check one):

- Clinical manifestations
- Diagnosis
- Treatment
- Prognosis
- Prevention
- Other

How did you apply the information to your practice? (Check one):

- This modified my plan
- This reinforced my plan
- I need more information

Total Credits: _____

SAVE Clear All

Claimed CME: Step One

- To receive the credit select the month you wish to submit.
- Click on “Continue”.

Process CME Credit for Sue Ostergren

- Select a month to submit below.
- You will see a log of activity for that month. Please verify how you used the information in practice. [Why do I need to complete the Three-Step Learning Cycle?](#)
- Once you verify your log, credits will be displayed as completed and ready for submission.
- Credits or contact hours may be redeemed for up to two years from the time they were accrued. **Credits not redeemed within two years will expire.** [CME/CE/CPD FAQs.](#)

AMA PRA Category 1 Credit™
(AAFP Prescribed credit, AAP credit, AAPA equivalent credit, ACEP credit, ACOG cognate credit, AOA Category 2-B credit, DFP-Austria, RCPSC, CPD-Ireland, SMC, HPCSA)

Month	Potential Credits	Completed Credits
November 2014	0.500	0.500
October 2014	1.000	0.000
August 2013	0.500	0.000
November 2012	1.500	0.000
Total Credits Selected:	3.500	0.500

Indicate the number of credits you would like to receive :

Each physician should claim only those credits he/she actually spent on educational activities.

Your certificate will show:
0.5 AMA PRA Category 1 Credit™
(AAFP Prescribed credit, AAP credit, AAPA equivalent credit, ACEP credit, ACOG cognate credit, AOA Category 2-B credit, DFP-Austria, RCPSC, CPD-Ireland, SMC, HPCSA)

[Change credit setting](#)

Submit

Submit checked credits for processing:

Claim Credit: Step Two

- Fill out the questionnaire
- Click Submit
- You will do this for each topic you wish to claim

The screenshot shows a web browser window displaying the 'UpToDate CME Evaluation for AMA PRA Category 1 Credit™ and equivalents' form. The page includes a navigation bar with links for 'All Topics', 'Contents', 'Patient Info', 'What's New', 'PCUs', 'Calculators', and 'Drug Interactions'. The main content area contains the following sections:

UpToDate CME Evaluation for AMA PRA Category 1 Credit™ and equivalents

We are working to improve this program based on feedback from subscribers. Your ideas are important to this process. Please answer all of the questions. Thank you for your help.

1) My use of UpToDate:

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
a) reinforces my approach and my knowledge of the evidence supporting the approach	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b) modifies the way I manage patients	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c) improves the quality of care I provide to my patients	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

2) Please describe a change you will make in your practice as a result of using UpToDate:

1483 characters remaining

3) Purpose: The UpToDate program allows clinicians to effectively find information at the point of care to improve patient management:

Strongly agree Agree Neutral Disagree Strongly disagree

4) Did you perceive commercial bias in the UpToDate content?

Yes No

6) Are you a:

7) What is your specialty?

8) What is your type of practice?

9) Questions left unanswered that you would like the program to address:

1485 characters remaining

Claim Credit: Step Three

- Click on “Submit” to verify the CME request

Please verify your CME submission request:

Name: Sue Ostergren

Activity Dates: November 17, 2014 to November 17, 2014

AMA PRA Category 1 Credit™

Credit Type: (AAFP Prescribed credit, AAP credit, AAPA equivalent credit, ACEP credit, ACOG cognate credit, AOA Category 2-B credit, DFP-Austria, RCPSC, CPD-Ireland, SMC, HPCSA)

Amount: 0.500

Cancel

Submit

Claim Credit: Step Four

- Print your certificate by clicking on the PDF icon.

CME Request Confirmation

Name: Sue Ostergren
Activity Dates: November 17, 2014 to November 17, 2014
AMA PRA Category 1 Credit™
Credit Type: (AAFP Prescribed credit, AAP credit, AAPA equivalent credit, ACEP credit, ACOG cognate credit, AOA Category 2-B credit, DFP-Austria, RCPSC, CPD-Ireland, SMC, HPCSA)
Amount: 0.500
Certificate number: 74486600
Process Date: November 17, 2014

• Please print your certificate for your files: [View/Print Certificate](#) 

- If you need to view old logs or reprint a certificate go to [View my past submissions](#)

Claim Credit: Step Five

- Print your Certificate.
- **Note!** This is NOT tracked by the IUSM Continuing Education Office, you maintain the record.

